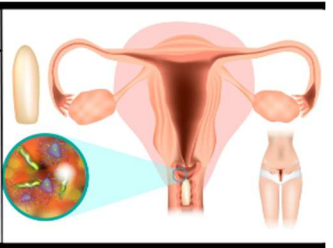
	<b>VAGINITIS: HOMEOPATHIC APPROACH</b>	
	<p><b>DR. RONAK SHAH'S</b> <b>DIVINE HOMEOPATHY</b></p> <p>Restoring Vitality</p> <p>SINCE 1991 M.D.(HOM.)</p> <p>9825050054 dr-ronakshah.com</p>	

## VAGINITIS: HOMEOPATHIC APPROACH

Vaginitis is an inflammation of the vagina that can result in discharge, itching and pain. The cause is usually a change in the balance of vaginal bacteria or an infection. Reduced estrogen levels after menopause and some skin disorders also can cause vaginitis.

### TYPES:

- Bacterial vaginosis. This results from an overgrowth of the bacteria naturally found in vagina, which upsets the natural balance.
- Yeast infections. These are usually caused by a naturally occurring fungus called *Candida albicans*.
- Trichomoniasis. This is caused by a parasite and is often sexually transmitted.

### CAUSES:

- Recent treatment with antibiotics or prolonged corticosteroids.
- Hormonal changes.
- Having unprotected sex with multiple partners.
- Having an STI.
- Wearing damp, sweaty, and tight-fitting clothing.
- Use of scented vaginal sprays or spermicides.
- Unmanaged diabetes health conditions and medications that weaken immune system.

### SYMPTOMS:

- Change in color, odor or amount of discharge from your vagina
- Vaginal itching or irritation
- Pain during sex
- Painful urination
- Light vaginal bleeding or spotting

If you have vaginal discharge, the characteristics of the discharge might indicate the type of vaginitis you have. Examples include:

- Bacterial vaginosis. You might develop a grayish-white, foul-smelling discharge. The odor, often described as a fishy odor, might be more obvious after sex.
- Yeast infection. The main symptom is itching, but you might have a thick white discharge that resembles cottage cheese.
- Trichomoniasis. An infection called trichomoniasis (trik-o-moe-NIE-uh-sis) can cause a greenish-yellow, sometimes frothy discharge.

## HOMEOPATHIC TREATMENT OF VAGINITIS

Homeopathic medicines for vaginitis work for both acute as well as chronic vaginitis. It reduce the inflammation of the vagina and help resolve symptoms like abnormal vaginal discharge, itching and burning in the vagina, pain during intercourse or urination. Homeopathic medicines for vaginitis are selected after taking into account the nature of vaginal discharges and the attending symptoms in every individual case.

Pulsatilla, Kreosote, Natrum Mur, Merc Sol, Hydrastis, Sepia, Nitric Acid, Graphitis and Alumina are the top homeopathic medicines for vaginitis.